

# HLB CLUB BASKETBALL FALL BALL



## LEVELS:

Middle School: Boys 6<sup>th</sup>; 7<sup>th</sup>; 8<sup>th</sup> Grade boys

Grade School Academy: 5<sup>th</sup>; 4<sup>th</sup> & 3<sup>rd</sup> Grade boys

## PROGRAM OUTLINE:

### ➤ Fall Team Program Areas of Emphasis:

- Working on players improving execution/performance in game situational drills – live work in 2 v 2, 3 v 3, 4 v 4, 5 v 5 specific situations to improve recognition and execution under pressure
- Core individual skill sets: Ballhandling control, vs pressure; Shooting under pressure, individual offense with/without ball
- Identifying/Developing chemistry between core groups of players we will build around for next spring competitive teams
- Competition: we do NOT focus on playing many games in fall (difficult to work in a regular league around fall sports conflicts), but we do schedule some scrimmages & individual games and occasionally a local Sat/Sun tournament IF there is one that's a good fit

### ➤ Time Frames:

- Open evaluation workouts/Roster Formation: 8/21-8/31 (see below for initial workouts)
- Workouts/Practices/Competition: 9/2 through 11/3
- Average 1 practice/team-grade level workout per week

NOTE: Schedule for each grade is built based on player availability, so some grades may have workouts/practices that are not once per week but more clustered around available dates

### ➤ Coaches

- All coaches have been screened, hired and are mentored by senior staff.
- Coaches are experienced and in repeat seasons with these grade levels

### ➤ Program Fees

- Cover all practices/workouts gym space, coaches stipends, team insurance, all administration
- Range from \$250-\$280 per grade level (exact amount depends on total # players at that grade)
- Options to split/spread payments and multiple payment methods available

## ***INTERESTED? How to find out more/get signed up:***

***Open evaluation workouts – for roster placement begin 8/21. Initial dates below. Check [www.higherlevelbb.com](http://www.higherlevelbb.com) beginning MON 8/19 for additional dates/times***

**NO obligation to attend open eval workouts – feel free to come check our program out first**

To sign up to play OR to advise on attending an open evaluation workout: IF NEW, email [information@higherlevelbb.com](mailto:information@higherlevelbb.com) with player name/grade. Returning players can notify coach Raque directly

**Initial Evaluation Dates** (all initial evals at 1<sup>st</sup> Baptist Gym, 8911 US Hwy 42, 40059)

Boys 5 <sup>th</sup> , 4 <sup>th</sup> & 3 <sup>rd</sup> :	WED 8/21, 715-830 pm;	SUN 8/25, 4-5 pm
Boys 6 <sup>th</sup> :	SAT 8/24, 12-1 pm	(2 <sup>nd</sup> TBA for MON 8/26)
Boys 7 <sup>th</sup> & 8 <sup>th</sup> Grades:	SAT 8/24, 1-2 pm	(2 <sup>nd</sup> TBA if needed)

***Questions: contact HLB at [information@higherlevelbb.com](mailto:information@higherlevelbb.com)***

