

2018 HLB SPRING TEAMS SEASON

Parent Information – Program Outline

PROGRAM PURPOSE

Offer a well-structured, progressive competitive outlet for players to not only improve their individual skills, but also gain both general game experience & more importantly, specific situational experience to advance their game

GRADES: Boys & Girls 4-8 (Girls as interest warrants)

TEAM LEVELS: teams divided by ability levels within grades to more appropriately serve where our players are & next steps for where we need to get them. NOTE: we don't necessarily have a team at each level every year.

Gold: top tier at that grade. Play competitive schedule (ex: MidAmerica Lg); Some regional travel possible if desired

Black: Intermediate/2nd tier for grade level. More school-team type competition in league. More competitive level as spring progresses. Usually all local area games

Purple: For players with limited skill sets and/or game experience. More developmental focus on skill progression to start. Competition level monitored/limited early on. Raised as needed

Rosters: 9-10 players.

Alternates (“Part timers”): Some openings *may* be available for those that can't make full spring commitment

Playing “UP”: DO consider options for players playing UP 1 grade level if/when it benefits both player & team

PROGRAM ELEMENTS:

- 1) **PRACTICES:** 2 per week. Practices are very structured (written practice plans). Goal with practices are to get all teams practicing at a level at least 1 grade higher than their current level. (For 8th – by end of spring, 2 levels.)
 - Primary Sites:** St Paul (Highlands), Walden & Portland East (Westport Rd), Victory (Fern Creek), Beargrass Christian (St Mathews), Hurstbourne Baptist (near Shelby campus), UAW (65/Fern Valley)
- 2) **MINI-CAMP:** Big highlight every spring. We take all teams out of town late aft on a Fri & have multiple practices, with full staff on site until Sun morning. 2019 dates: 3/15-17. Location: Mount St Joseph University, Cincinnati. Parent Chaperone volunteers join us/help us drive kids, etc for weekend
- 3) **COMPETITION**
 - Leagues:** All teams play in at least 1 spring league. Midamerica starts 3/10. All others after.
 - Midamerica- Sun aft/early eve games: 8th, 7th Gold; 8th Black? 6th Gold?
 - J'town League (or St Gabriel; Hoosier Hills): Sat or Sun. 8 Black/6 Gold (competitive div); All other levels HLB formal hosted leagues. Black/Purple levels
 - Tourneys:** All teams at least 2 tourneys. All 8th/7th Gold/6th Gold: 3-4 after spring break. All others: 2-3. Tourney schedule coaches discussion week after mini camp. Schedule decided week prior to spring break.
- 4) **Player Skill Sessions:** 4, 1-hour sessions AFTER spring break. 8-10 player large groups with our instructors. Scheduling will offer multiple options primarily over last 6 weeks of spring for parents to choose their 4 from.
- 5) **Physical Training** (conducted by The EDGE Sports Performance) **OPTIONAL**
 - 4-week program (3/4-3/30.) Two 1.25 hour sessions per week at King Louie's Sports Center, Middletown.
 - Basketball specific agility, explosiveness, efficiency of movement skills & base strength
 - Schedule options: Tue, Thur nights 7-815 pm + 1 or 2 options to be added for Saturdays or Sundays

SUPPORT services:

Academic/Life Skills Presentations: In late April – late May, we try to schedule/work in 1 “Life skills” session (1-1.25 hrs) covering important issues for Middle school aged players & an Academic support/test taking assistance session

COACHING STAFF: Each grade has an overall grade level head coach as well as associate coaches (other team head coaches) & staff assistants. All coaches are hired, trained and supervised by HLB Sr Staff & most all have had multiple years experience at that particular grade level or above.

SCHEDULES/SCHEDULING

SEASON GENERAL SCHEDULE:

Informal Evaluations: 8th/7th: 2/21-2/27. 6th-4th: 2/23-28

Formal Tryouts: 8th/7th: 2/24-3/2. 6th-4th: 2/28-3/2. Usually 1 per grade level (*unless not needed*)

Middle school Team Meetings/HV Registrations: (Uniform distribution?): **SUNDAY 3/3** (late aft)

"Pre-season" Period: 3/4-3/28: Practices; Mini Camp; Tourney decisions. Midamerica Lg for some

SPRING BREAK 3/29-4/6: NO regular team activity.

Competitive period: 4/8-Memorial day weekend/end of May

TRYOUT/EVALUATION Process:

- ◆ Informal Evaluations held before tryouts. Chance to see where your player may fall in grade group before tryout
- ◆ Formal tryouts for Gold level teams, some Black teams.

Tryout/"Position Hold" Fee: ALL players bring a \$50 Position Hold or Tryout Fee to tryouts. Basically a deposit via check or you can have us put a hold on a credit/debit card.

Rosters are posted within 12-18 hours of tryouts. You then have 24 hrs to advise if you will NOT participate. If so, your Hold fee is applied toward your team fee balance. If not, it is returned. Beyond 24 hours from roster posting, Hold fees are not returned. This is done to protect the other parents/players on the team from late, sudden drops.

SCHEDULING NOTES

Practice scheduling: ALL team schedules are pre-set & on regular routine. IF player has any conflicts, ADVISE NOW!

In pre-season period: Practice schedules *can* be 1 during week, 1 on weekend since many players will be involved in EDGE training. Not all teams are, but some may. Competitive period after spring break: 2 practices/week during week.

PROGRAM COSTS/HIGHERVIEW:

Program Costs cover: All Coaches: Head, Associate, Staff Assistants
Practice time (Gym/facilities rental) League Fee for each team
Skill sessions (4) Academic/Life Skill sessions
Team Coordinator Team Liability Insurance
All special league fee & administrative costs

NO hard copy forms to fill out – Higherview used for all registration/info.

2019 SPRING COSTS: *Specific Costs are given to each team/level once the team rosters are formed.

ALL 8th, 7th Teams: \$325-350 per player

ALL 6th, 5th, 4th: \$315-340 per player

Payment plans/Discounts

Full, upfront payments get a small discount.

HLB also offers 2, 3 and 4 payment plans (For those doing Fundraising, this is very helpful)

Additional Costs

- 1) Mini-Camp Lodging
- 2) Tourneys. As we go
- 3) EDGE

Fundraising: Fundraising Allowance

Team: **GO FUND ME** Team Donation Page/Video

Individual: **PEEL-to-SAVE Discount card fundraiser**

OTHERS: Shoot-a-thon, etc

****Fundraising Opt-out:** Parents can choose to opt-out of fundraising and just pay the amount

Scholarship fund: We do have a very limited amount of scholarship funds available to assist players/families in need. For those needing to explore that route, please contact coach Raque directly. A simple form needs to be completed.

NOTES: